


General PD Resources







Tools to Help You


Grantwriting and Fundraising 

How to Make a Persistent Personal Change. An Interactive Workshop 

Mentoring Maps-Ensure Adequate Academic, Career, Personal Support 


Learn in 15 : FULL ~ Skills You Need for Your Professional Development    

Learn in 15 : FULL ~ The Engagement Hurdle: Is It Too Difficult to Overcome?    


Time, Habits, Focus, Drive, Grit, Tools & Making Your OWN Checklists 

Improving Your Mental Attitude

 Jiu Jitsu Against Mental Attacks: Flip Negative Criticism to Growth

 How to Work with Things that Trigger You to Overreact


 Coordinating with Others


 Emotional Intelligence

 Negotiation


Getting Over Common Graduate School Hurdles


15 Minute Series : Skills to Ace Graduate School - Email Sanity 

Worry, Anxiety, Imposters Syndrome 


Building Success for Non Traditional Students 

How to Build Success Out of Being Different Especially When It's hard to Do 

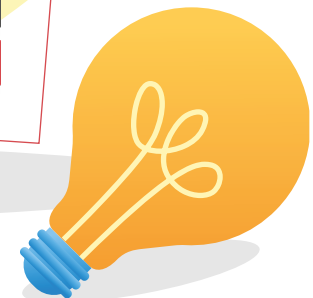
LGBT Academics Pride on Campus a Panel With Deans 

Positive Psychology Helping Attitude and Work Life Balance 

Surviving and Thriving in Academia: Research and Strategies Supporting Latinx Students 

Thriving in the Face of Uncertainty 

Grantwriting and Fundraising 



When Time is an Issue...

How to Keep Your Work Consistent Through a Busy Life



Learn in 15 : FULL - Being at School Again



15 Minute Series - Organizing Before Writing



15 Minute Series : Skills to Ace Graduate School - Cognitive Transfer Skills



15 Minute Practical Tips for Researchers - Pulling What You Need as You Read Research



15 Minute Series : Skills to Ace Graduate School - Note Taking



15 Minute Series : Skills to Ace Graduate School - Metacognition



15 Minute Practical Tips for Researchers - Diagramming Help



Day 22 - Pomodoro Technique



Day 23 - Getting Motivated When it's Hard



Day 29 - What to Do When You've Stopped



Time, Habits, Focus, Drive, Grit, Tools & Making Your OWN Checklists

