

# DEAN OF STUDENTS NEWSLETTER

## ISSSO SPOTLIGHT

International Student and Scholar Services (ISSSO) at the University of Houston supports the goals of Student Affairs and Enrollment Services by addressing the unique **needs of international students and exchange visitors**. They ensure compliance with U.S. immigration laws and promote internationalization through comprehensive services and programs. ISSSO **assists over 5,800 international students**, visitors, faculty, and their dependents from 136 countries, helping them navigate the complexities of life in the United States and at the University of Houston. They **advocate for the international community and support UH's mission** of empowering students to achieve their educational goals.

### ISSO Services:

- Pre-arrival assistance
- Campus check-in and orientation
- Visa status support
- Counseling and advocacy
- Workshops, events, and cultural programs
- Specialized needs assistance
- Dependent visa help

### ISSO Priorities:

- 100% compliance with SEVIS reporting
- Empowering students for U.S. immigration law compliance
- Cultural immersion programs



## COMMUTER ASSISTANT PROGRAM



Meet **Hannah**, who is pursuing Exercise Science and Kinesiology as she takes on the role of a **Commuter Mentor** within the Commuter Student Program. As a mentor, Hannah has **developed her leadership skills, embraced accountability, and mastered the art of responsibility**. She highlights the support of the UH Wellness department, which prioritizes emotional, physical, and mental well-being, while CAPS offers essential stress management resources. Additionally, Hannah stresses the **importance of the Get Involved App**, which connects students to a variety of organizations, clubs, and events, helping them explore and pursue their interests and hobbies.

### Did you know?

- The Dean of Student's Office will host Family Weekend on September 27-29, 2024.
- The Dean of Students Office is hosting a Commuter Cookout on August 27, at Student Center South Theater.



# LETTER TO DOS GRADUATES

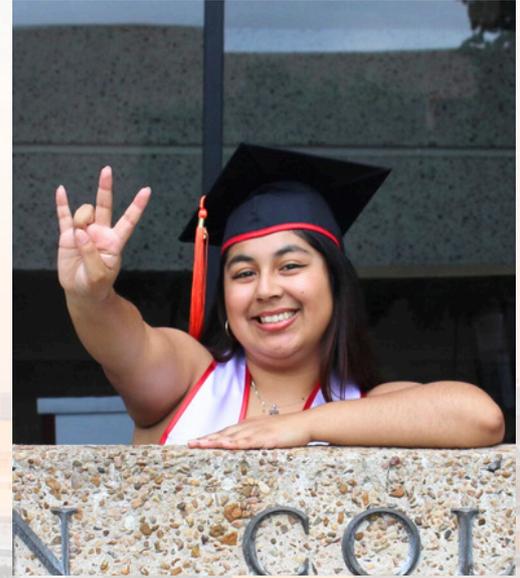
We would like to take the time to extend **CONGRATULATIONS** to all our Dean of Students graduates for their incredible achievements. We are immensely proud of your hard work and very grateful to have contributed to your **successes at UH**. The dedication you have shown during your time at the DOS Office has been **truly inspiring**, and it will undoubtedly serve as a strong foundation for your future endeavors.

Best wishes,  
Your DOS Team

**KELVIN BEZA**



**TABBITHA MARTINEZ** **JOSELINE GONZALEZ**



**BRANAE MINNIS**



**SARA BALDAZO**



# DSA AWARDS

The University of Houston Division of Students Affairs honored three Dean of Students Office staff members at its annual awards ceremony for their outstanding contributions to student success and well-being. **Alyssa Veteto** received the **Platinum Paw Award for leadership and mentorship**. Alyssa's tireless dedication to supporting student initiatives, fostering inclusive environments, and providing guidance to countless students has truly made a lasting impact on our campus community. **Tabitha Martinez** was recognized for her **innovative student support programs**. Tabitha's passion for student success, coupled with her innovative approaches to supporting student outreach programs, has undoubtedly contributed to the enhancement of student experiences at our university. **Dr. Jerrell Sherman** received the **Excellence in Programming Individual Award for enriching the student experience**. Dr. Sherman's visionary leadership and dedication to creating engaging and impactful programming have enriched the student experience and fostered a vibrant campus community. These awards highlight the collective talent and commitment of the Dean of Students Office team. Congratulations to all the honorees for their well-deserved recognition.



## STUDENT ASSISTANT SPOTLIGHT

### Gargee Kondilkar



We're excited to highlight **Gargee Kondilkar**, who is currently pursuing her studies in Management Information Systems. She serves as one of the **Marketing and Communications Student Assistant** at our office. In her role, Gargee is responsible for managing our social media presence, crafting compelling content, and assisting with various marketing campaigns. Gargee's dedication and creativity have significantly enhanced our outreach efforts, making our communications more engaging and effective. Her keen eye for detail and innovative approach ensure that our messages resonate with a wide audience. Outside of her academic and professional pursuits, Gargee is **passionate about Art and enjoys painting and sketching**. Her unique perspective and artistic flair shine through in all of her work, making her an invaluable asset to our team.



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# TRIVIA



Let's see how many questions you can answer correctly!

1. Which famous University of Houston alumnus is a former NBA star and Hall of Fame?

- a) Michael Jordan b) Hakeem Olajuwon
- c) Charles Barkley d) Shaquille O'Neal

2. How many academic colleges are there at the University of Houston?

- a) 10 b) 12 c) 14 d) 16

3. What is the name of the University of Houston's art museum?

- a) Blaffer Art Museum b) Menil Collection
- c) Museum of Fine Arts, Houston d) Contemporary Arts Museum Houston

The **first ten** students to submit their correct responses to the Dean Of Students Instagram (@uhdos) will receive a prize.

\*Must be following @uhdos on Instagram



## DEAN'S TIPS FOR SUCCESS

Our Assistant Dean of Students, **Gabrielle Malone-Miller** has provided tips for the success of all UH students:

- **Practice Gratitude:** Reflect on what you're grateful for; academically, personally, and professionally daily. Oh, and be sure to include the little things! Your reflection establishes a positive mindset while empowering you to remain steadfast amid challenges.
- **Stay Curious:** Be willing to explore what you are unfamiliar with or comfortable with. Your curiosity enables you to expand your knowledge, enhancing access to new opportunities and development as a scholar and professional.
- **Practice Deliberate Rest:** Taking a moment to rest is not solely about sleep, it is also about stillness and silence; skills that aid in rejuvenating your capacity to show up as your better self. So, take time to establish a routine sleep schedule and disconnect from things that often consume you.
- **Visualize Success:** Setting goals can be easy, but visualizing success can be challenging. Therefore, every day take a moment to visualize yourself being successful, practice speaking positive affirmations, and develop a game plan to enhance your success!



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