

UH Next Degree Map

Human Nutrition & Foods – ACEND Accredited, B.S. General Studies, A.A.

2025-2026 Catalog

	Semester 1 – SJC		Semester 2 – SJC	
YEAR 1	Core ENGL 1301 Composition I	3	Core ENGL 1302 Composition II	3
	Core American History	3	Core American History	3
	Core MATH 1314 College Algebra	3	MATH 2412 Pre-Calculus Math	4
	Core EDUC 1100 Learning Framework	1	Core Social & Behavioral Science	3
	Core BIOL 2301 + BIOL 2101 A&P 1	4	Core BIOL 2302 + BIOL 2102 A&P II	4

	Semester 3 – SJC		Semester 4 – SJC	
YEAR 2	Core GOVT 2305 Federal Government	3	Core GOVT 2306 Texas Government	3
	Core CHEM 1311 + CHEM 1111 Chemistry I	4	CHEM 1312 + CHEM 1112 Chemistry II	4
	Core Language, Philosophy, & Culture	3	Core Creative Arts	3
	PHED 1304 Personal/Community Health	3	BIOL 2320 + BIOL 2120 Microbiology	4
	BIOL 1322 Nutrition & Diet Therapy	3		

	Semester 5 – UH		Semester 6 – UH	
YEAR 3	NUTR 3101 Dietetics as a Profession I	1	NUTR 2333 + NUTR 2133 Commercial Food Prod.	4
	NUTR 3334 Advanced Nutrition	3	NUTR 3330 Management in Food Systems	3
	NUTR 3336 Nutritional Pathophysiology	3	NUTR 4201 Dietetics as a Profession II	2
	NUTR 4312 Nutrition Assessment	3	NUTR 4347 Medical Nutr. Therapy – Metabolic	3
	CHEM 2323 + CHEM 2123 Organic Chemistry I	4	BCHS 3304 General Biochemistry I	3

	Semester 7 – UH		Semester 8 – UH	
YEAR 4	NUTR 4333 Medical Nutr. Therapy – Cardio	3	NUTR 4334 Community Nutrition	3
	NUTR 4346 Research in Nutrition	3	NUTR 4351 Gerontology and Nutrition	3
	NUTR 4348 Intro to Nutritional Counseling	3	NUTR 4352 Child & Adolescent Nutrition	3
	NUTR 4349 Public Policy in Nutrition	3	NUTR 4353 Cultural Competency	3
	MATH 1342 or PSYC 2317	3	General Elective	3

See reverse for additional information

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UH Transfer Rules

- Courses taken at SJC must be completed with a C- or better.
- A maximum of 66 lower-level transfer credits can be used towards a UH bachelor's degree.
- A maximum of 2 credit hours in physical activity courses can transfer.

Major Requirements

- **B.S. Math:** complete 12 hours of approved mathematics courses. Students majoring in Human Nutrition & Foods – ACEND will fulfill this requirement through the major coursework.
- **B.S. Natural Science:** complete 8 hours of science courses. Students majoring in Human Nutrition & Foods – ACEND will fulfill this requirement through the major coursework.
- To qualify for the ACEND Accredited major, students must complete CHEM 1311, CHEM 1111, CHEM 1312, CHEM 1112, NUTR 3101, and at least 12 hours of didactic program in dietetics (DPD) coursework with a minimum 3.00 DPD GPA. A complete list of DPD coursework can be found in the UH undergraduate catalog.

From CLASS to Careers

Students who graduate with a degree in Nutrition can pursue a large variety of careers and graduate programs. Recent graduates are employed in the following careers:

- Dietitian and Nutritionist
- Registered Nurse
- Pharmacist
- Physician Assistant
- Clinical Research Coordinator
- Social and Human Service Assistant
- Food Service Manager
- Health Education Specialist
- Optometrist

The transferable skills students develop during their undergraduate career are important for future career and graduate school opportunities. Some of the skills recent graduates have emphasized include:

- Customer Service
- Microsoft Office (Word, Excel, PowerPoint)
- Research
- Management and Leadership
- Sales
- Public Speaking
- Event Planning

The estimated wage of Nutrition graduates is \$63,500.